

# Telephone Assessment

## 1. ElderCare 4 Families

Sometimes as we age, we become less able to handle the day-to-day tasks necessary to take proper care of ourselves. The ability to handle activities of daily living (personal care), home care (environmental safety and cleanliness) and orientation and mood are areas that children should assess when deciding if their parents are still safe, healthy and happy in their homes by themselves. This mini-assessment can be done discreetly and most adult children are able to complete it successfully.

If you live too far away to make an in-person assessment of your parents' needs, you can learn much from a telephone conversation. Ask questions in your conversation that will illicit information about their health and well-being.

If, based upon either the outcome of a visit or a telephone conversation, you feel there is a problem you should take immediate action.

1. What did you have for dinner today?

2. How's your hairdresser, (NAME)?

3. How's the new shower head (OR OTHER RECENT HOME MAINTENANCE PROJECT) we had installed?

4. Did you decide to join that group we discussed last week?

Yes

No

5. Did you go to that program at church last week you told me about?

Yes

No

6. When is your car due an oil change?

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7. Spring is almost here. Did you call to set up getting your grass cut this year?

Yes

No

8. CUSTOMIZE YOUR OWN QUESTION

Yes

No

Other (please specify)

9. CUSTOMIZE YOUR OWN QUESTION

Yes

No

Other (please specify)

10. CUSTOMIZE YOUR OWN QUESTION

Yes

No

Other (please specify)

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## 11. CUSTOMIZE YOUR OWN QUESTION

Yes

No

Other (please specify)